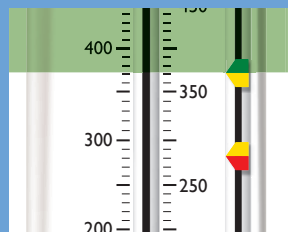


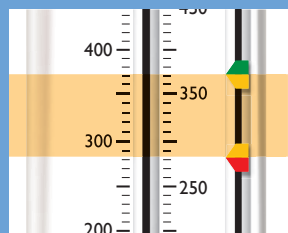
3-zone monitoring

The PersonalBest has zone indicators that can be set by the healthcare professional. Once these are set, the indicator will point to the green, yellow or red zone which will allow you to quickly evaluate where the peak flow readings fall within the zones.



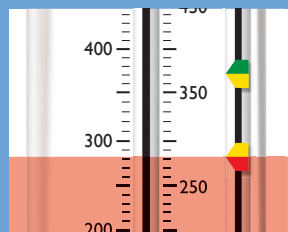
Green zone

If the reading is above the green mark then their regular medication plan for use of controller medication should be followed.



Yellow zone

If the reading is between the yellow markers, their asthma might be worsening. Follow your child's asthma action plan for instructions on how to use their reliever medication to get back into a green zone.



Red zone

If the reading is below the red mark, then you should seek medical advice immediately.

Please refer to the instructions for use supplied with the device for more detailed and specific instructions.

Find out more

www.philips.com/asthma



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PHILIPS

PersonalBest

Peak flow meter



Know their
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innovation  you

Peak flow monitoring at your fingertips

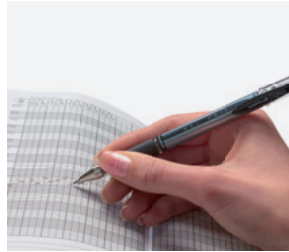
Measuring your child's peak flow using a peak flow meter is an important part of managing their asthma symptoms and preventing an asthma attack.¹

Lightweight, self-contained and portable, Philips PersonalBest puts peak flow monitoring at your fingertips whenever your child needs it.

There's always a way to make life better.



Help manage their asthma



Write their readings in a Philips PersonalBest peak flow chart

Take peak flow readings each morning and record them in their chart to recognize changes with asthma control.



Support your child's asthma action plan

Determine their personal best peak flow reading to develop a personalised asthma action plan with your Health Care Professional.



Keep it secure

The fold out handle turns into a sturdy storage case, so that their meter stays protected.

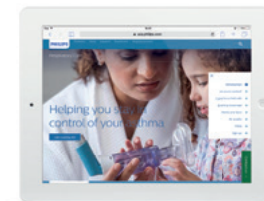


Easy to use technique

A fold-out handle keeps their hand away from indicators, also aiding a good technique for a successful reading.

Find out more

www.philips.com/asthma



References

1. mayoclinic.org/diseases-conditions/asthma/in-depth/asthma/art-20044888. Accessed October 2017.